

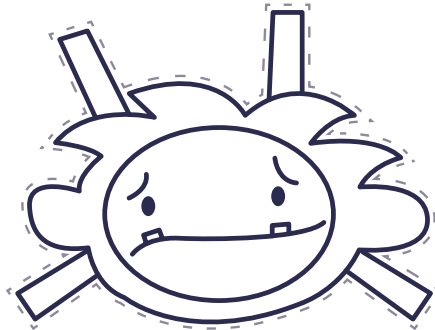
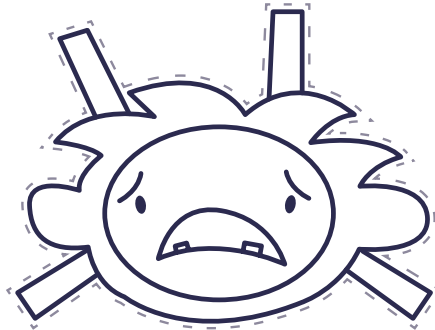
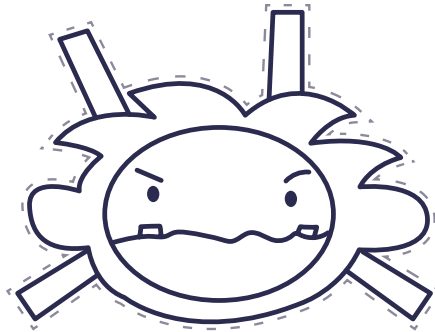
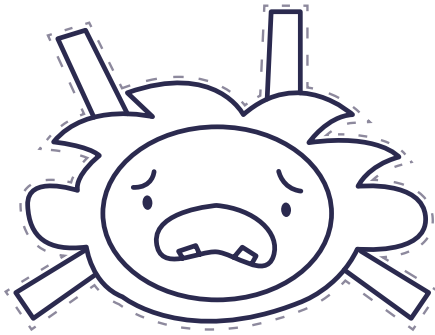
Feelings Puppets

Materials

- Popsicle sticks (2)
- Scissors
- Glue

Instructions

1. Color and cut out the animal puppets.
2. Glue a popsicle stick to the back of Yeti and Alpaca template.
3. Using the different emotion faces, create your own story of the Feels.



Feelings Wheel

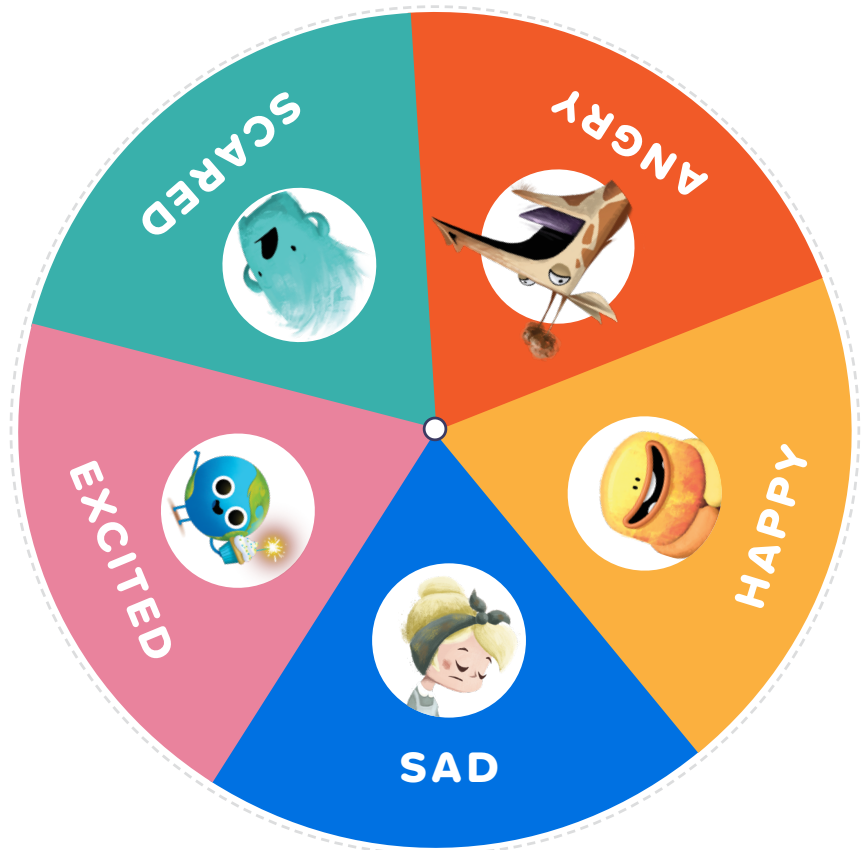
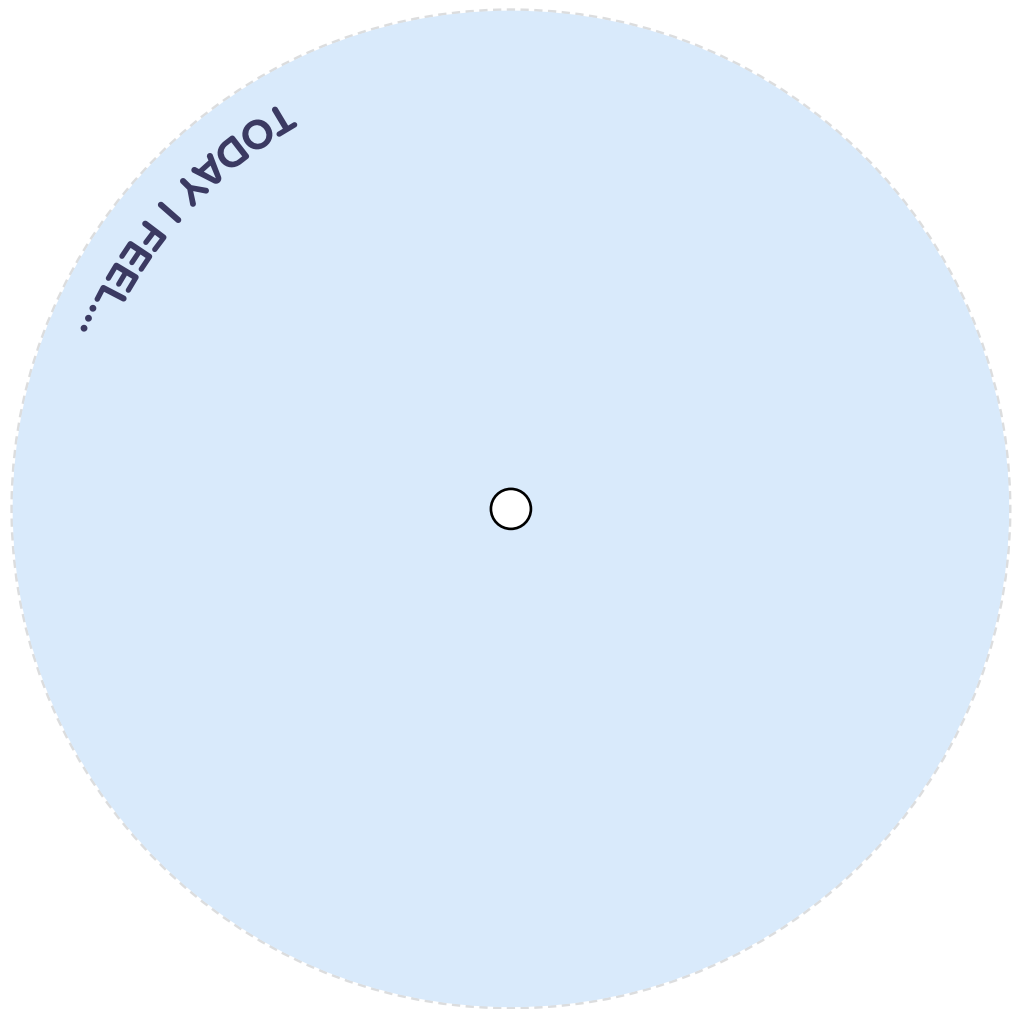
Sometimes it's hard to say how we are feeling. Use your feelings wheel to help express your emotions to others.

Materials

- Scissors
- Brad fastener

Instructions

1. Cut out both circles shown to the right.
2. Punch a hole in the center of each.
3. Push a brad through the holes securing each circle together.
4. Spin to show how you are feeling today.



Sharing Dice



How to play

1. Cut the pattern out, fold on the solid lines and add glue to the angled tabs. Fold into a cube and let it dry.
2. Roll the dice.
3. Share your answer to the prompt that is face up.